



With an ever growing demand for special-diet dining, whether for allergy, illness, lifestyle or religious reasons, LA Chefs are able to meet your needs. Our Red Seal Chefs will customize our menu to meet the needs of our clients.

If a vegetarian option is required for your event, please select one of the following options for all of the known vegetarians. The price of this selection will be the same as the main entrée you have selected for your other guests

Vegetarian

Squash & Mushroom Wellington

Roasted Butternut Squash with Sautéed Mushrooms and Goat Cheese wrapped in a delicate Puff Pastry then baked golden brown. Accompanied with a Roasted Vegetable Jus.

Roasted Vegetable Napoleon (Vegan)

Portabello Mushroom, Sweet Potato, Red Beets, Butternut Squash, Zucchini, Cipolini Onions, Roasted Red Pepper, Chickpea and Tomato Cassoulet, Chefs Market Vegetables

Eggplant Rolatini

Grilled Seasoned Eggplant, Lemon Thyme Risotto, Charred Tomato Jam, Chefs Market Vegetables

Wild Mushroom Gnocchi

Lemon Basil Cream, Roasted Grape Tomato, Crisp Basil, Grana Padano, Chefs Market Vegetables

Vegetarian Korma (contains nuts)

Assorted Vegetables and Mild Indian Spices, Cream, Coconut Rice, Naan Bread

Maple Apple Cider Tofu (Vegan)

Spinach & Caramelized Onion Stuffing, Wild Rice, Apple Cranberry Chutney Sage Jus, Chefs Market Vegetables

Pasta, White Beans, Greens, Lemon (Vegan)

Orricchitte Pasta, Cannellini, Baby Spinach, Sundried Tomato, Lemon, Garlic Olive Oil, Crisp Basil

Gluten Free Menu & Other Allergies

Gluten-free menus, and other specific menu concerns are becoming more and more frequent, whether due to allergy or preference. If you have guests who have advised you of a gluten-free requirement, please advise your catering consultant who will in turn notify our Chef. We will then prepare your exact menu in a gluten free format for those guests with this dietary requirement. It is important that these guests identify themselves to one of our servers so that they can receive the appropriate meal