

# CHEF'S INSPIRED LUNCH BUFFET \$26<sup>99</sup>/person

Available until 2pm • Add \$5<sup>00</sup> for Additional Hot Entrée

## INCLUDED

- Fresh Rolls & Butter
- Chef's Medley of Seasonal Hot Vegetables

## SELECT ONE HOT ENTRÉE

- Sirloin of Roast Beef, Horseradish, Gravy
- Braised Beef Shortribs with Root Beer Jus
- Bacon Wrapped Chicken with Savory Pesto Glaze
- Roast Pork Loin, Herb Crusted with Apple Chutney
- Tuscan Chicken with Parmesan Sun-Dried Tomato Cream Sauce
- Teriyaki Crusted Salmon
- Roast Turkey, Stuffing, Gravy and Cranberry Sauce
- Virginia Baked Ham

## SELECT TWO SALADS

- Fresh Greens Salad with Selection of Dressings
- Classic Caesar Salad
- Traditional Spinach Salad with Bacon & Egg
- Strawberry Spinach Salad
- Original Greek Salad
- Creamy Pasta Salad
- Thai Noodle Salad
- Roasted Beet Salad
- Marinated Vegetable Salad

## SELECT ONE HOT PASTA

- Butternut Squash Ravioli (choice of Pesto or Rose Sauce)
- Baked Tortellini (choice of Pesto or Rose Sauce)
- Vegetarian Lasagna

## SELECT ONE STARCH

- Garlic Whipped Potatoes
- Herb Roasted Baby Potatoes
- Scalloped Potatoes
- Cheddar & Onion Perogies
- Basmati Rice Pilaf

## DESSERT, COFFEE & TEA

- Assorted Pies & Squares
- Fresh Seasonal Fruit
- Freshly Brewed Coffee & Assorted Teas

# LUNCH BUFFETS Prices range from \$19<sup>99</sup> - \$21<sup>99</sup>

Available until 2pm

## LETHBRIDGE DELUXE DELI

- Assorted Deluxe Sandwiches on Artisan Buns, Focaccia, Croissants & Pitas
- Pinwheels & Vegetarian Wraps
- Soup of the Day
- Fresh Greens Salad
- Chef's Medley of Hot Vegetables & Herb Dip
- Fresh Fruit Display
- Assorted Squares & Sweets
- Freshly Brewed Coffee & Assorted Teas

## DOWNTOWN BURGER BUFFET

- Beef Burgers, Assorted Toppings (Cheese, Tomato, Onion, and Lettuce)
- Condiments
- Coleslaw
- Choice of ONE additional Salad
- Assorted Sweets & Treats
- Freshly Brewed Coffee & Assorted Teas

## CALIFORNIA WRAP BUFFET

Includes all of the following wraps:

- Chicken Fajita Wrap (Chicken, Salsa, Sour Cream, Sweet Peppers, Jalapeño Jack & Cheddar Cheese blended in a Tomato Tortilla)
- Indian Chickpea Wrap (Grilled Eggplant, Zucchini, Red Onion, Carrots & Chickpeas with a Cumin Coriander Roasted Red Pepper Humus spread in a Whole Wheat Tortilla)
- Smoked Turkey Wrap (Smoked Turkey, Sun-dried Cranberry, Lettuce, Tomato, Rosemary Mayonnaise in a Cheddar Tortilla)
- Strawberry Spinach Salad
- Creamy Pasta Salad
- Assorted Mini Fruit Tartlets & Cookies
- Flavored Water
- Freshly Brewed Coffee & Assorted Teas

## BBQ BEEF OR PULLED PORK

- Tender Slow Roasted Alberta Beef OR Pulled Pork, braised in LA Chef's Signature BBQ Sauce
- Bakery Fresh Kaiser Rolls
- Assorted Condiments
- Potato Salad
- Choice of ONE additional salad
- Assorted Squares & Sweets
- Freshly Brewed Coffee & Assorted Teas

## SALAD SELECTIONS

- Fresh Greens Salad
- Classic Caesar Salad
- Strawberry Spinach Salad
- Original Greek Salad
- Watermelon & Cucumber (Seasonal)
- Marinated Vegetable Salad
- Creamy Pasta Salad
- Thai Noodle Salad
- Roasted Beet Salad
- Roasted Squash Salad

# THEMED LUNCHEON BUFFETS

Available until 2pm • Minimum 20 people

## SOUTH OF THE BORDER \$21<sup>99</sup>

- Seasoned Ground Beef OR Grilled Chicken Tortillas (*hard & soft*)
- Assorted Toppings (*Cheese, Lettuce, Tomato, Onion, Sour Cream and Salsa*)
- Mexican Rice
- Fresh Greens Salad
- Black Beans
- Assorted Sweets & Treats
- Freshly Brewed Coffee & Assorted Teas

## LITTLE ITALY BUFFET \$21<sup>99</sup>

- Choice of Traditional Meat Lasagna OR Baked 3 Cheese Ravioli in a Garlic Infused Cream Sauce
- Linguine with a Rose Sauce
- Caesar Salad
- Garlic Toast
- Tiramisu Cake
- Freshly Brewed Coffee & Assorted Teas

## ATHENA FEAST \$21<sup>99</sup>

- Beef OR Chicken Souvlaki (*choice of 1*)
- Grilled Pitas
- Oregano Scented Long Grain Rice
- Tzatziki Sauce
- Greek Salad
- Assorted Sweets & Treats
- Freshly Brewed Coffee & Assorted Teas

## EAST MEETS WEST \$21<sup>99</sup>

- Ginger Beef OR Sweet & Sour Chicken
- Fried Rice
- Stir Fry Vegetables
- Thai Noodle Salad
- Assorted Sweets & Treats
- Freshly Brewed Coffee & Assorted Teas

## UKRANIAN COMFORT FOOD \$21<sup>99</sup>

- Bratwurst Sausages
- Traditional Cabbage Rolls
- Homestyle Perogies with Cheese, Bacon & Onions
- Fresh Greens Salad
- Creamy Coleslaw
- Assorted Sweets & Treats
- Freshly Brewed Coffee & Assorted Teas

# PLATED LUNCHEONS Prices range from \$20<sup>99</sup> - \$26<sup>99</sup>

Available until 2pm • Dinner rolls with whipped butter, Chef's Medley of Hot Vegetables, chef's recommended starch, dessert platter and fresh brewed coffee & assorted teas. Add Salad Course \$1<sup>00</sup> • Add Plated Dessert Course \$1<sup>00</sup>.

## TUSCAN CHICKEN

- Roast Chicken breast & thighs in a parmesan sun-dried tomato cream sauce

## BRAISED BEEF SHORT RIBS

- Slow Roasted Braised Beef with au jus.

## ROAST STRIPLOIN OF BEEF

- Tender Beef served with Rich Peppercorn Gravy & Horseradish.

## SESAME CRUSTED TERIYAKI SALMON

- Asian Marinated Filet of Salmon dressed with black & white sesame seeds, baked with lemon. Served with Roasted Pineapple and Teriyaki Sauce.

## STEAK SANDWICH) (one done-ness for all)

- 6oz Sirloin Steak served on Garlic Toast, topped with Grilled Mushrooms.

# BOXED LUNCHESES \$16<sup>50</sup>/person

include your choice of California wraps of your selection • Add Water Bottles \$2<sup>00</sup> Each • Add Mini Assorted Bottles of Juice \$2<sup>85</sup> Each

## CHICKEN FAJITA WRAP

- Chicken, Salsa, Sour Cream, Sweet Peppers, Jalapeno Jack & Cheddar Cheese blend in a Tomato Tortilla

## SMOKED TURKEY WRAP

- Smoke Turkey, Sun-Dried Cranberries, Lettuce, Tomato, Rosemary Mayonnaise in a Cheddar Tortilla

## ALSO INCLUDES

- Vegetables and Dip
- Assorted Fruit Cup
- Assorted Freshly Baked Cookies

## INDIAN CHICKPEA WRAP

- Grilled Eggplant, Zucchini, Red Onion, Carrots & Chickpeas with a Cumin Coriander Roasted Red Pepper Humus spread in a Whole Wheat Tortilla

## BBQ ROAST BEEF WRAP

- Sharp cheddar cheese, Dijon Aioli, Green Peppers, & Onions in a Tortilla