

SPECIALTY BREAKS & REFRESHMENTS

THE MORNING NATURALIST \$9⁹⁹

- Banana Bread
- Oatmeal Cookies
- Seasonal Fresh Fruit Platter
- Assorted Yogurt
- Chilled Fruit Juices
- Freshly Brewed Coffee & Assorted Teas

PROTEIN RECHARGE \$10⁹⁹

- Baked Egg Bites
- Assorted Nuts
- Assorted Hard Cheeses
- Citrus Infused Water
- Iced Tea

SNACK ATTACK \$10⁹⁹

- Sweet & Salty Cashews
- Savory Cheddar Shortbread Crackers
- Peanut Butter Power Nuggets
- Wasabi Peas
- Honey Mustard Pretzel Bites
- Citrus Infused Water
- Iced Tea

THE COOKIE STOPS HERE \$8⁹⁹

- Assorted Freshly Baked Cookies
- Chocolate Dipped Biscotti
- Chilled Fruit Juices
- Freshly Brewed Coffee
- Assorted Teas

CHIPS AND DIP BREAK \$10⁹⁹

- Tortilla Chips
- Salsa
- Sour Cream
- Guacamole
- Ripple Potato Chips
- Caramelized French Onion Dip
- Pita Chips with Spinach & Artichoke Dip
- Citrus Infused Water
- Iced Tea

THE AFTERNOON "ZEN" ANTIOXIDANT BREAK \$8⁹⁹

- Ginger Snap Cookies
- Vegetables & Herb Dip
- Spinach Dip & Grilled Naan Triangles
- Dark Cocoa Bark
- Freshly Brewed Coffee, and Green Tea
- Assorted Teas

AN AFTERNOON AT THE MOVIES \$8⁹⁹

- Popcorn
- Potato Chips
- Assorted Candy
- Assorted Soft Drinks
- Freshly Brewed Coffee
- Assorted Teas

BEVERAGES

Serving freshly ground, free-trade medium dark roast Guatemalan coffee, decaf and an assortment of herbal, green and pekoe tea.

- Single Coffee Service (per person) \$2⁰⁰
- All Day Coffee Service (per person) \$3⁰⁰
- Bottled Water (per bottle) \$3⁰⁰
- Assorted Soft Drinks (per can) \$3⁰⁰
- Assorted Bottled Juice (per bottle) \$3⁰⁰
- Chocolate Milk (2%) (per serving) \$2⁰⁰
- White Milk (2%) (per serving) \$2⁰⁰
- Flavored Water Station (per person) \$1⁵⁰
- Fruit Punch (per person) \$2⁰⁰
- Fruit Punch (bowl) \$5⁰⁰

ENHANCEMENTS

These items are available as an enhancement to a breakfast or break menu selection. All snacks and baked goods are made in house and may contain nuts, gluten and dairy. For allergen specific items, please inquire with our sales team.

PRICED PER ITEM

- Assorted Bagels & Cream Cheese \$2⁵⁰
- Assorted Granola Bars \$2⁵⁰
- Assorted Yogurt Parfaits \$2⁵⁰
- Toast (Whole Wheat, Rye, White) \$1⁵⁰
- Seasonal Fresh Fruit Platter \$3⁵⁰
- Assorted Fruit Kabobs \$3⁰⁰
- Assorted Whole Fresh Fruit \$1⁵⁰
- Assorted Muffins \$3⁵⁰
(blueberry, bran, chocolate chip, cranberry lemon, caramel pecan)

- Assorted Danish \$2⁵⁰
(vanilla custard, raspberry, apple, cinnamon swirl)
- Fresh Baked Banana Bread \$2⁰⁰
(must have 12 slices)
- Gourmet Jumbo Cookies \$2⁵⁰
(chocolate chip, double chocolate, oatmeal raisin, white chocolate macademia)

PRICED PER PERSON

- Crepes Station \$9⁰⁰
Sweet & Savoury
(Chef Charge Applies)
- Omelet Action Station \$7⁰⁰
(Chef Charge applies)
- Eggs "How you like them" \$5⁰⁰
(Chef Charge applies)
- Stuffed French Toast \$4⁰⁰
(Strawberry & Brie, Banana, or Ham & Cheese)
- Smoked Salmon \$4⁰⁰
(on Artisan Bagels with Cream Cheese)

Please confirm number of items required for each event. Bottled Water, Juice & Pop can be supplied and billed based on consumption.

*Pricing is subject to a 16% Service Charge + 5% GST.